

~ SANDWICH CENTRAL ~

Meeting Well Boxed Sandwich

Selection of Gourmet Sandwiches on Multi-Grain Roll, Served With Small Shaker Salad, Fruit Salad, and Iced Cold Bottled Water. Vegetarian Sandwiches are available upon Request. \$11.40

Meeting Well Boxed Salads

Romaine Lettuce, Choice of- Chicken, Ham, Turkey-tomato, cucumbers, olives, roasted Red Peppers, Cheese and Hard Cooked eggs and Choice of Dressing, Also includes Whole Fruit& Bottled Water \$10.99

Assorted Gourmet Wraps

Wraps Prepared with Flour Tortillas. Served with bag of Chips or a hand fruit, Cookies & Brownies and Assorted Cold Beverage \$12.99

Build your Own Buffet

Gourmet Salads and Sandwiches Includes Chips, Cookies, Brownies & Cold Beverage Service. (10 Person Minimum) \$12.99


Soup & Sandwich Combo

Au Bon Pain Soup-Served with an Assortment of Fresh Bakery Rolls Filled with Turkey, Beef and Ham, with a choice of Tossed Salad or Chips and Cold Beverage Service \$ 10.65

~ The Salad Bar ~

Build your own Salad

Romaine & Mixed Greens, Broccoli, Cucumbers, Tomatoes, Shredded Parmesan Cheese, Red Onions, Carrots, Diced Chicken Breast, Hard Cooked Eggs, Croutons with Rolls and Butter
Choice of 2 Dressings: Caesar, Ranch, Italian
(Other Dressings available Upon Request) \$8.99

 Meeting Well

~ SNACKS & SWEETS ~

Serves 12 Guests

Ole

Tortilla Chips, Guacamole & Salsa \$ 27.00

From The Farm

Swiss & Cheddar Cheeses & Crudités w/Ranch dip & Crackers \$ 40.00

Dip This

Mini Fruit Skewers w/ Yogurt dipping sauce \$ 26.00

Gourmet Cake Slices (16 Slices)

Tiramisu Cake, Chocolate Torte \$30.00

Cookie Monster

1 Dozen Assorted Cookies \$23.99

Sweet Table

1 Dozen Assorted mini pasties \$ 23.99

~ BEVERAGES ~

Serves 8-10Guests

Fresh Brewed Coffee \$ 16.00

Iced Tea \$ 20

Water 20 oz \$1.49ea

Bottles of Pop 20 oz \$1.59ea

~ Presented By ~

Plaza Café

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Meeting Well™

~ MORNING EDITIONS ~

Executive Continental Breakfast

Assortment of Fresh Baked Breakfast Pastries Including Muffins, Danish, Donuts and Bagels. Fresh Seasonal Sliced Fruit~Served With Coffee and Bottled Juice \$ 7.99

The Healthy Start

Plain Yogurt, Granola, Dried Fruits and Seasonal Berries~Served with Freshly Sliced Seasonal Fruit Platter, Coffee Service and Assorted Fruit Juices. \$8.99

Flatbread Fold Breakfast

Choice of Flatbread Folds~Served with Premium Coffee Service and Assorted Juice \$9.75

All American Breakfast

Scrambled Eggs, Bacon and Sausage, Breakfast Potatoes, Sliced Fruit Tray Served With Your Choice of Freshly Brewed Regular or Decaffeinated Coffee. (For Groups of 10 or More) \$ 9.99

Executive Breakfast Sandwich Selection

Scrambled Egg Topped with American cheese and Your Choice of Sausage, Bacon or Ham on Your Choice of a Croissant, English muffin or Biscuit. Includes Freshly Sliced Seasonal Fruit. Served With House Coffee and Bottled Juice \$ 9.99

~ MEETING WELL ~

Fruit Platter Small \$19.99
Fruit Platter Medium \$ 24.99
Fruit Platter Large \$ 32.99

~ BREAKFAST PASTRIES ~

Dozen Medium Pastries \$ 13.20
Dozen Large Pastries \$ 19.68
Brewed Coffee (serves 10-12) \$16
Fruit Granola Yogurt Parfaits \$ 2.00/ea

~ HOT LUNCHES ~

Asian Stir fry

Sweet & Sour Chicken, Beef & Broccoli with Peapods & Water Chestnuts Served with Vegetarian Fried Rice & Asian Noodle Vegetable Salad Includes Fortune Cookies and Cold Beverage Service \$16.95

Fajita Buffet

Cilantro and Cumin Seasoned Beef Strips, Lime and Scallion, Sliced Chicken Breast, Spanish rice, Black Bean Salad, Cumin Vegetables, Soft Flour & Corn Tortillas with Sour Cream, Salsa and Traditional Condiments includes Cookies, Brownies and Cold Beverage Service. 14.95

Pasta Bar

Choice of Pasta~Rotini, Fettuccine or Mostaccioli ~Choice of Sauce~Bolognese Meat, Alfredo or Marinara~served with House made Garlic Bread and a Tossed Garden Salad. \$7.95 Substitute Whole Grain Pasta for additional \$1.00 per Person

Mediterranean Bar

Grilled Herb Marinated Chicken, Cous Cous and Roasted Vegetables includes Greek Salad with Kalamata & Feta Cheese, Pita Bread and Hummus, Cookies, Brownies and Cold Beverage Service \$16.95

Pizza Made to Order

Serves 8 to 10
Pizza with your choice of Toppings
Choose from--Chicken, Pepperoni, Sausage, Ham, Vegetables \$16.99

Ask for more Upscale Lunch Options

CONSIDERATIONS

~ Considerations ~

All orders will be provided on disposable ware, No service labor will be provided. Same day cancellations will be charged 50% of order. Please cancel 24hrs in advance. There is a \$50.00 delivery minimum and a 10% delivery charge. Free delivery if you are in the building.

Items will be delivered with appropriate disposable cups, plates, utensils, napkins and chafing dishes when applicable. Items do not come with linens.